



GHOOMO SASTE ME

Hampta Pass Trek – 3 Nights / 4 Days

Less Paisa, More Adventure

-  Location: Manali, Himachal Pradesh
-  Maximum Altitude: 14,100 ft (4,298 m)
-  Trek Distance: Approx. 26–30 KM
-  Difficulty Level: Easy to Moderate
-  Best Time: June to October (Snow till July)

ABOUT HAMPTA PASS – WHY IT IS FAMOUS

Hampta Pass is one of the most scenic and beginner-friendly high-altitude treks in Himachal Pradesh. What makes this trek unique is the **dramatic change in landscape**.

- ✓ Green Kullu Valley on one side
- ✓ Cold desert of Lahaul on the other
- ✓ Snow patches even in summer
- ✓ River crossings, waterfalls & alpine meadows
- ✓ 360° Himalayan views from the summit

Hampta Pass is famous because it gives **two completely different Himalayan experiences in a single trek**, making it perfect for first-time trekkers and adventure lovers.

DETAILED DAY-WISE ITINERARY

DAY 1: Manali → Jobra | Trek to Chika

- Reporting at **Ghoomo Saste Me – Manali Base Camp**
- Scenic drive from Manali to Jobra (Approx. 1 hour)
- Views of Kullu Valley, pine forests & mountain streams

Trek from Jobra to Chika:

- Easy trek (2–3 hours)
- Riverside trail
- Small wooden bridges
- Beautiful green meadows

Reach Chika campsite by afternoon.

Dinner (Veg)

Overnight stay in tents

Altitude: ~10,100 ft

DAY 2: Chika → Balu Ka Ghera

After breakfast, start trekking towards **Balu Ka Ghera**, one of the most beautiful campsites of the trek.

Attractions of the Day:

- Cascading waterfalls
- Snow patches (seasonal)
- Wild alpine flowers
- Massive rock formations
- Views of Tokru & Shahru peaks

The trail gradually ascends through open valleys and riverbeds.

Breakfast & Dinner (Veg)

Overnight stay in tents

Altitude: ~12,000 ft

Trekking Time: 5–7 Hours

DAY 3: Balu Ka Ghera → Hampta Pass → Back to Camp

The most exciting and rewarding day of the trek 

- Early morning breakfast
- Gradual yet steep ascent towards Hampta Pass
- Switchbacks make the climb manageable

Highlights:

- Snow slopes
- Panoramic Pir Panjal views
- Rare Himalayan birds
- Prayer flags at the summit

Reach **Hampta Pass (14,100 ft)** – enjoy breathtaking views of both Kullu & Lahaul valleys.

After spending time at the top, descend back to Balu Ka Ghera.

Breakfast & Dinner (Veg)

Overnight stay in tents

Trekking Time: 8–9 Hours

DAY 4: Balu Ka Ghera → Chika | Drive Back to Manali

- Breakfast at campsite
- Easy downhill trek to Chika
- Pickup from Chika
- Drive back to Manali

Trip concludes at Manali Base Camp with unforgettable Himalayan memories.

Breakfast Included

MEALS INCLUDED

- ✓ Day 1 – Dinner
- ✓ Day 2 – Breakfast & Dinner
- ✓ Day 3 – Breakfast & Dinner
- ✓ Day 4 – Breakfast

(All meals are **pure veg**, freshly prepared by our mountain kitchen team)

INCLUSIONS

- ✓ 3 Nights Tent Accommodation (Quard/Triple Sharing)
 - ✓ 3 Breakfast + 3 Dinner
 - ✓ Manali → Jobra → Manali Transportation
 - ✓ Certified Trek Leader
 - ✓ Experienced Support Staff & Cook
 - ✓ Forest & Camping Permits
 - ✓ Trekking Equipment (Tents, Sleeping Bags, Mattress)
 - ✓ Basic First Aid & Safety Kit
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EXCLUSIONS

- X 5% GST
 - X Lunch on all days
 - X Transportation to/from Manali
 - X Personal Trekking Gear (Shoes, Jacket, Gloves, Rainwear)
 - X Porter / Mule Charges for personal luggage
 - X Personal Expenses
 - X Emergency evacuation costs (if required)
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TERMS & CONDITIONS

Booking Policy

- Minimum **30% advance payment** required for booking confirmation
- Remaining balance to be paid before trek start

Cancellation Policy

- 30+ days before departure – 20% deduction
- 15–30 days – 40% deduction
- 7–15 days – 60% deduction
- Less than 7 days / No Show – **No Refund**

Weather & Safety

- Itinerary may change due to weather, landslides or safety reasons
- Trek leader's decision will be final for safety

Health

- Participants must be physically fit
- Any medical condition must be informed before booking

Liability

- Ghoomo Saste Me is not responsible for loss of personal belongings
- Any damage to campsite equipment will be chargeable

CONTACT DETAILS

 Call / WhatsApp: 7827372844

 Official Instagram Page

 Follow us on Instagram:

https://instagram.com/ghoomo_saste_me

 Office Address:

Ghoomo Saste Me

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Rajouri Garden
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WHY CHOOSE GHOOMO SASTE ME?

- ✓ Budget-Friendly Trek Packages
 - ✓ Experienced Local Team
 - ✓ Transparent Pricing
 - ✓ Safe & Organized Treks
 - ✓ Real Mountain Experience
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